



Village Voice



Embrace the possibilities

Cottage Courier

32001 Cherry Hill Rd. • Westland, Michigan 48186 • www.pvm.org

August 2018

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The Village of
Westland
A SENIOR LIVING COMMUNITY
Managed by Presbyterian Villages of Michigan

2018

Look for PVM on:



Dear Resident and Family.

I'd like to explain my role and how I can assist and support you as a Village resident.

On an individual level:

- Coordinate home care and assistance with personal needs.
- Provide resources for counseling and mental health services.
- Assist with obtaining durable medical equipment.
- Complete Medicaid and food assistance applications.
- Provide information on Power of Attorney and advance directives.
- Address any concerns while living at the Village.
- Assist with financial issues and concerns.
- Make referrals for Veterans Benefit applications.
- Provide resources for hospice, nursing home care or physical therapy or occupational therapy.
- Other Information and referral—legal, transportation, etc.
- Coordinate in house health care services-Dental, Podiatry, and Primary Care Physician.

Please call me at 734-762-8810 (or Ext 28810) if you would like to talk or set up a time to meet. My office is in apartment 603 in the main building.

Sincerely,

Kara Otto, LMSW

Staff Extensions

Michele White ~ 28885
Executive Director

Mary Saffian ~ 0
Lead Receptionist

Josh Kephart ~ 28890
Maintenance Manager

Lisa Scott ~ 28893
Housekeeping Lead

Shana Brown ~ 28886
Wellness Manager

Melissa Newton ~
28963
Wellness Coordinator

Shari Thompson ~
28952
Billing

Jason Lovelly ~ 28927
Human Resources

Melissa Nestorovski
~ 28928
Marketing Manager

Pam & Jennifer ~ 28953
Wellness Instructor

Sally ~ 28889
Beauty Shop

This month we have a special guest columnist, Kelli McDonald. Kelli recently graduated from Oakland University and she is interning with PVM this summer!

Victory is in the Air!

And the winner is...Westland!

Congratulations to the Westland Stars for a big sweep to win the 2018 Village Victory Cup for the fifth time! This year was the closest competition with only a five-point difference between the Stars and the Pirates from East Harbor!



Big congratulations to the residents of Oakman Manor “for taking home the Spirit Award. Sporting “Straight Outta Oakman Manor” t-shirts, they wowed the judges with their contagious team spirit, loud cheers, and incredible sportsmanship!

We also cannot forget about our Virtual Village Victory Cup winners! Congratulations to the Village of Spring Meadows for winning the 2018 Virtual Village Victory Cup and the Village of Sage Grove for winning the Spirit Award with their amazing cheers during each event! Congratulations to all of the Villages for participating!



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

You have the power to leave an amazing legacy.

Betty honored her happy home, friends and family by leaving a gift in her will.

A retired teacher, Betty left a gift in her will to help build the Karl & Frieda Kleemann Chapel at The Village of East Harbor and provide stained-glass windows.



Before her passing, Betty said she always believed in the PVM mission to serve older adults. She was delighted to honor her parents and a dear friend through the gift in her will.

Betty wanted to give back to her “happy home for these many years.” She wanted to make sure her gift would help future residents—people she would never know! And she did! Today the chapel is a place where seniors of all faiths can gather, and Betty’s legacy shines!

Anyone can leave a bequest. **You have the power to answer future prayers today!**

To learn more, contact us at 248-281-2040 or pvmfoundation@pvm.org,

Or visit mylegacy.pvmf.org.

Warm regards,

Paul J. Miller, CFRE



Happy Birthday to our Wonderful Residents...



**Following are the residents who celebrate
a birthday in August!**

Helen Makarski ~ 8/6

Nelda Jackson 8/7

Howard Swerdlen 8/7

Welcome to the Cottages New Residents!

Marion Walsh- Rose Cottage

Carolynne White- Rose Cottage

Howard Swerdlen- Ivy Cottage

Welcome New Staff!

Kirsten Taylor, Resident Assistant

Desiree Whitlow – Resident Assistant

The Senior Advocate

KEEP THE FUN IN SUMMER

I wish for all of our readers a fun and interesting summer. A chance to play on a beach with our grandchildren, check out one of the many summer novels, and enjoy walks in the nice weather are hallmarks of this beautiful season. Let us make sure to keep it fun by adhering to some tips on safety. There is nothing worse than a trip to the emergency room to zap the joy out of our fun! Here are some things to keep in mind:

- Avoid peak periods of sun when the heat index is extreme.
- Use sunscreen when you are out and about, even for a short time.
- Find some shady areas to sit at which can still allow you to join in the fun. A beach umbrella has prevented many a sunburn.
- Hydrate well by drinking lots of water.
- Make sure you stock up with groceries and water in case of a power outage.
- If you have an extended power outage don't try to be a hero. Stay with friends or relatives or go to a cooling center until the power is back on. Local officials/government can guide you as to where to go.
- Make sure to notify emergency contacts as to your safety. Our loved ones worry about us if they cannot reach us. Make sure their numbers are up to date with Village personnel so they can be reached.
- Regarding water safety, keep your eyes on anyone in the water at all times. Use life preservers. A tragic accident can happen in an instant.
- Food safety is also key. Do not let food sit out in hot temperatures. Have a way to keep things cool.

Let's KEEP THE FUN IN SUMMER! ENJOY!



Village of Westland Cottages

Family & Friends Annual Cookout

Wednesday August 22nd at 5:30 pm

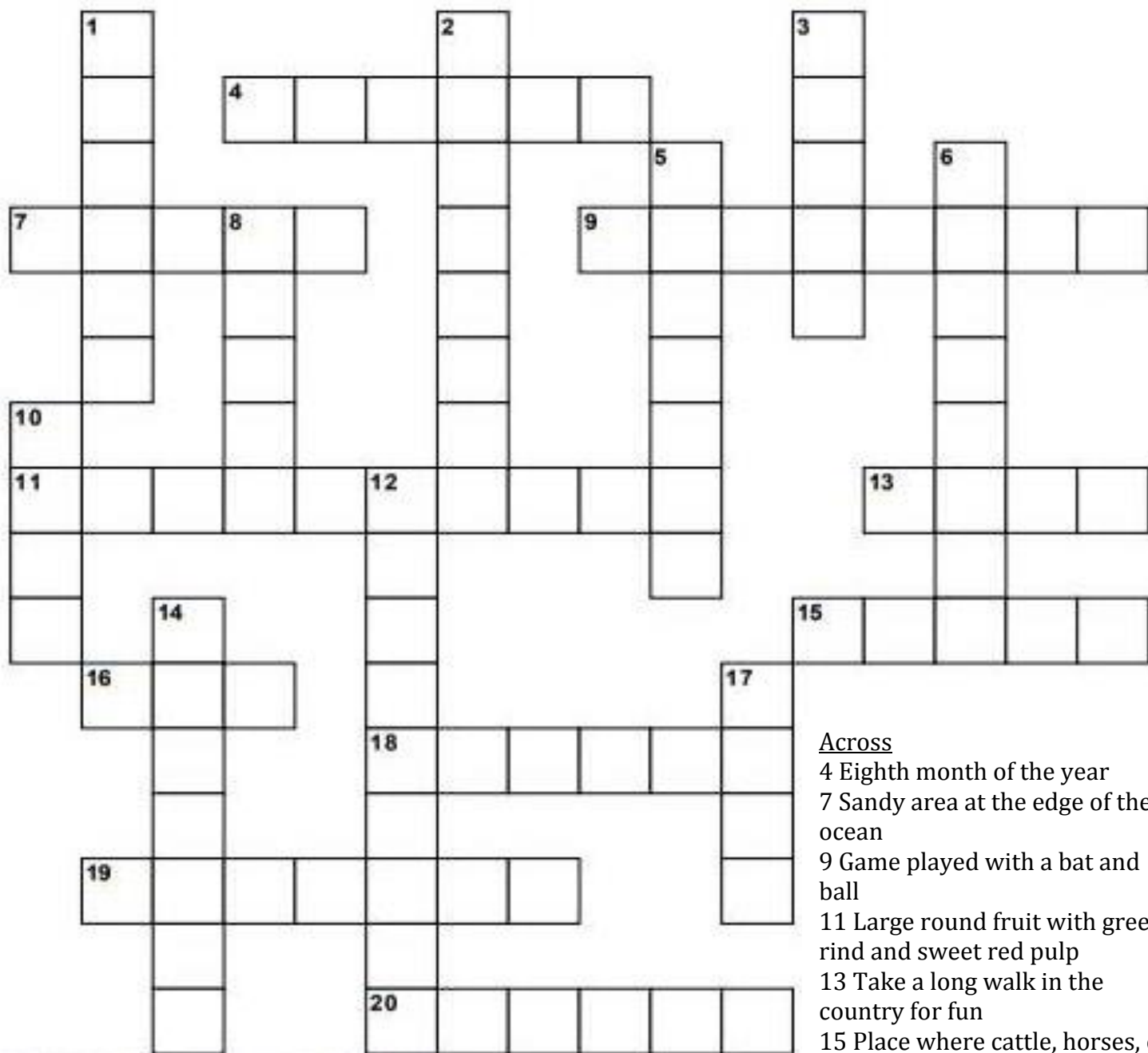
Join us for a meet and greet
with Dr. Sarafa

Semma Podiatry and Portable
Dental Services will also be
attending

Hamburgers, hotdogs, and sides
will be provided

**RSVP: Melissa Newton mnewton@pvm.org
734-762-8963**

August Crossword Puzzle



Down

- 1 Dry sandy area with few plants
- 2 Bright light of the sun
- 3 Place with many rooms and beds where people pay to stay
- 5 Outdoor activity using tents
- 6 Period of rest from school or work
- 8 Small boat with pointed ends that is moved by using a paddle
- 10 Move through the water by using parts of the body
- 12 Land mass higher than a hill
- 14 Using a boat for pleasure
- 17 Activity meant to relax or amuse

Across

- 4 Eighth month of the year
- 7 Sandy area at the edge of the ocean
- 9 Game played with a bat and ball
- 11 Large round fruit with green rind and sweet red pulp
- 13 Take a long walk in the country for fun
- 15 Place where cattle, horses, or sheep are raised
- 16 Holding or giving off great heat
- 18 Journey from place to place
- 19 Pastime of catching or trying to catch fish
- 20 Person who rides the waves on a board

*Solution on Page 9

Cottages Victory Cup Results

Bean Bag Toss	Round 1	Round 2	Round 3	Total
<u>Rose Cottage</u>				
Florence	20	16	13	49
Nelda	14	18	27	59
Dave	9	14	14	37
Margaret	22	26	13	61
<u>Ivy Cottage</u>				
Louise	22	29	20	71
Mary	21	24	18	63
Ted	21	19	21	61
Wanda	22	24	16	62
Helen	25	21	24	70
Dean	27	30	24	81
Gil	27	28	25	80
Hoop Shoot	Round 1	Round 2	Round 3	Total
<u>Rose Cottage</u>				
Dave	5	3	4	12
Nelda	3	3	4	10
Pat	4	3	3	10
Florence	3	5	3	11
<u>Ivy Cottage</u>				
Gil	5	5	4	14
Ted	5	4	4	13
Louise	4	3	5	12
Dean	5	5	3	13
Gwen	3	3	3	9
Vicki	3	4	5	12
Susan	4	5	3	12
Helen	4	5	3	12

Victory Cup Winner: Ivy Cottage





Like and Join the Village on Facebook!

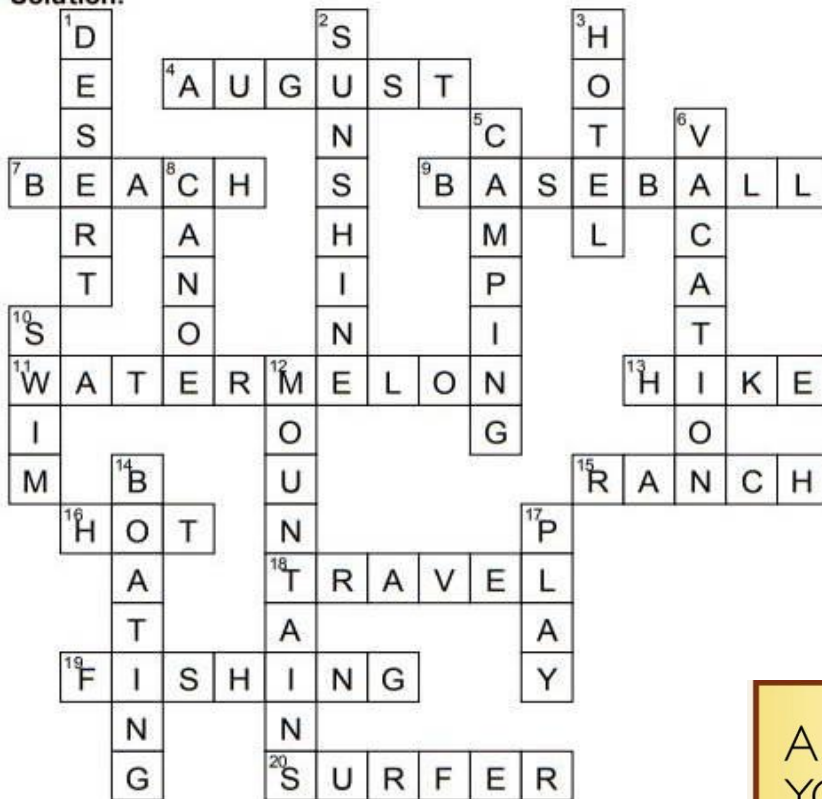
We now have a Facebook page titled
Presbyterian Village of Westland!



You can see our monthly newsletters, monthly calendars, weekly updates, flyers, and photos from the many activities at the village on the Facebook page! This is also a great way to let your family and friends know what is going on at the Village!

AUGUST

Solution:



Cottage Updates

We are happy to announce that beginning in August we will be holding two Presbyterian services a month.

The services are located in Rose Cottage and will be on the **first** and **third** Wednesday of each month at 10:30 AM.

**Please join us for
our annual
Family and Friends
cookout!**

Wednesday August 15th
5:30 pm

Meet and greet with
Dr. Sarafa

A GIFT IN
YOUR WILL

*can change
the lives
of seniors.*



Presbyterian Villages of Michigan is only able to provide the best quality of housing, programs and services to seniors throughout Michigan with the generous support of our donors.

**Please consider a
charitable bequest...**

Without obligation, PVM Foundation would like to answer any questions you may have. Please call Paul Miller

248.281.2045
mylegacy.pvmf.org



Presbyterian Villages of Michigan Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Numbers

Village Staff

Michele White
Executive Director

Jason Lovelly
Human Resources

Josh Kephart
Maintenance Supervisor

Melissa Nestorovski
Marketing Manager

Jan Smith
Nurse Manager

(734) 728-5222

Shana Brown
Wellness Manager

Deborah Antale
Dietary Services Director

Shari Thompson
Billing

Kara Otto
Social Worker

Lisa Scott
Housekeeping

EMERGENCY NUMBER

(734) 728-5222



**Presbyterian
Villages**
OF MICHIGAN

THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit **www.pvm.org**



The Village of
Westland

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

**32001 Cherry Hill Road
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