



Village Voice



Embrace the possibilities

Cottage Courier

32001 Cherry Hill Rd. • Westland, Michigan 48186 • www.pvm.org

May 2018

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2018



The Village of
Westland
A SENIOR LIVING COMMUNITY
Managed by Presbyterian Villages of Michigan

Look for PVM on:



Welcome May!

History of May

The month of May was originally named after the Greek goddess Maia, who was the goddess of fertility. Over the years the Romans called the month of May, Maius and first started referring to the month as May near the end of the Middle Ages (1400s).

Holidays in May

May Day (1st)
Cinco de Mayo (5th)
Mother's Day (13th)
Memorial Day (28th)

Symbols of May

Birthstone: Emerald—
symbolizes success and love
Flower: Lily of the Valley
Zodiac Signs: Taurus and Gemini

Fun Facts

- May is the 5th month of the year and has 31 days, the season in the Northern Hemisphere is spring
- May is traditionally devoted to the Blessed Virgin Mary in Roman Catholic traditions
- The first Saturday in May is the Kentucky Derby
- May Day, which is May 1st, marks the halfway point between the first day of spring and the summer solstice
- In France, it is a tradition to give a flower called the Lily of the Valley—this first started in 1561 when King Charles IX received the Lily of the Valley flower as a good luck charm

History of Mother's Day

This day is dedicated to honoring all mothers and recognizing the sacrifices and accomplishments of mothers. Family and friends recognize all mothers and mother figures. Mother's day became official in 1914 when Woodrow Wilson signed a proclamation that recognized the second Sunday in May as Mother's Day



Staff Extensions

Michele White ~ 28885
Executive Director

Mary Saffian ~ 0
Lead Receptionist

Josh Kephart ~ 28890
Maintenance Manager

Lisa Scott ~ 28893
Housekeeping Lead

Shana Brown ~ 28886
Wellness Manager

Melissa Newton ~ 28963
Wellness Coordinator

Shari Thompson ~ 28952
Billing

Jan Smith ~ 23179
Nurse Case Manager

Jason Lovelly ~ 28927
Human Resources

Melissa Nestorovski ~ 28928
Marketing Manager

Pam Webert and Jennifer Wolf ~ 28953
Fitness Specialists

Lisa Hall ~ 28889
Beauty Shop



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation



Engage to make Michigan the best place to live—at any age!

You're a rock star!

PVM is so lucky to have you reading this right now! You're out in your community doing great things.

You're volunteering, giving, advocating and so much more!

There is a place for your kind of engagement at PVM. You're needed by your community—you're needed by older adults.

Engage in any way, at ***any age!*** You are key to a healthy, happy Michigan!

Here are some ideas:

- Make a gift to your local PVM Village
- Volunteer for a project or event at your Village
- Call your elected representative to tell them to keep fighting for older adults

May is "Older Adults Month" and this year's theme is "Engage at Any Age!"

What are some of the ways you're currently engaged and what will you do in the future? Please contact us at 248-281-2040 or pvmfoundation@pvm.org – we want to know!

Thank you!

Paul J. Miller, CFRE



The Senior Advocate.

*By Lynn Alexander,
Senior VP & Chief Marketing Officer*

Older Michiganian's Day

Spring is a time of celebration in most cultures. And what better experience to celebrate than that of being an Older Michiganian! Here is information on Older Michiganians Day coming up in Lansing along with registration information. You will enjoy the day if you decide to attend. PVM will be on hand and will post the event on our Facebook page if you would like to join in from a distance:

Save the Date

[Older Michiganian's Day](#) to be held on May 16, 2018 on the East Lawn of the Capitol Building in Lansing, MI.
Presented by the Area Agencies on Aging Association of Michigan and our Partners

Older Michiganian's Day (OMD) is an annual rally that takes place on the East Lawn of the Capitol Building in Lansing. This event brings together hundreds of seniors, aging service providers and senior advocates with their legislators and key state officials.

Interested individuals are invited to join this event to show their support for policies that support older adults. This free event provides the opportunity to speak with a unified voice to the Legislature expressing the concerns, challenges, and opportunities for older adults by the experts, older adults themselves and aging service providers.

This Event Features:

- A Rally on the East Lawn of the Capitol Building
- Keynote Speakers
- Group and Individual Meetings with your State Legislators

Older Michiganian's Day is planned by a group of organizations committed to advocating on behalf of the needs and interests of older adults across the state of Michigan. The steering committee is responsible for planning the annual event in Lansing, producing the advocacy platform which outlines legislative priorities, and developing an annual report card that states the achievements of the Governor and the Legislature in accomplishing recommended actions.

To learn more about Older Michiganian's Day, or to plan your trip to Lansing, please visit the "[Plan your Trip](#)" page for more information regarding how to register for this event.



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

It's Déjà Vu All Over Again

Yes, indeed. It's that time of year again. Time to get ready for the annual Village Victory Cup scheduled for Friday, June 22nd! This year's event will feature some of the same exciting tried and true games as years past such as the Beanbag Toss, the Hoop Shoot, the Wellness Walk, the Puzzler, and the Balloon Volleyball Tournament, and the Kick-a-Roo will be returning for the second consecutive year, but with a slight modification. And based on a barrage of requests from residents, new this year there will be a group dance competition. Also, because the event continues to grow, this year the Village Victory Cup will be held at a new location, the Suburban Collection Showplace Diamond Ballroom in Novi.

For the past 3 years, at the end of this fun-filled day of camaraderie and friendly competition the Village of Westland has emerged victorious. Can anyone dethrone these perennial champions? Does your Village have what it takes? Can you put together a winning team? Will your Village take home the cup? I suppose only time will tell and we will have our answers on June 22nd.

For more information about the Village Victory Cup and how you can register to represent your Village at this year's games, contact your Administrator. For Villages located 100 miles or more from the PVM Home Office (in Southfield), you have the opportunity to participate in the Virtual Village Victory Cup, which you can also learn more about from your Administrator.

Good luck Villages and may the odds be always in your favor!



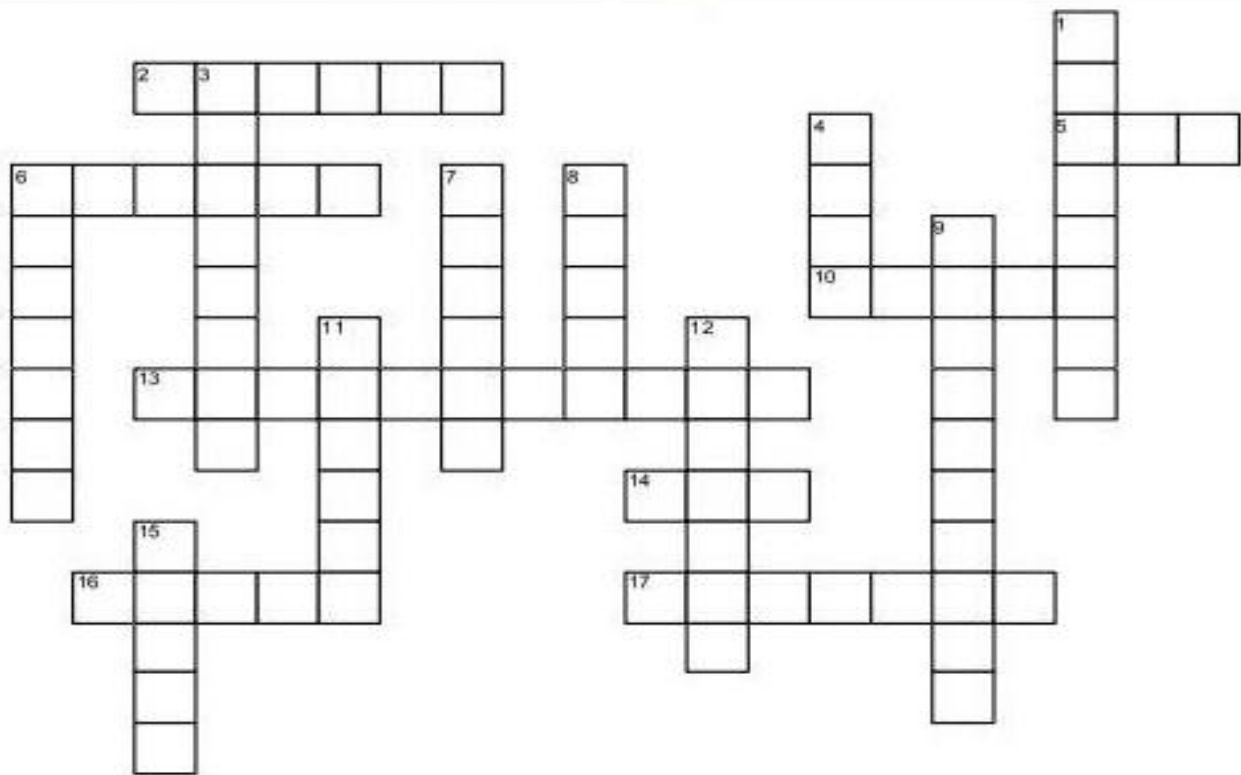
Like and Join the Village on Facebook!
We now have a Facebook page titled
Presbyterian Village of Westland!



You can see our monthly newsletters, monthly calendars, weekly updates, flyers, and photos from the many activities at the village on the Facebook page! This is also a great way to let your family and friends know what is going on at the Village!



Memorial Day



ACROSS

- 2 A ring of flowers.
 5 Memorial Day is celebrated in this month.
 6 Memorial Day is considered the start of this vacation season.
 10 Where someone is buried.
 13 A day for remembering those who have died in service to their country. (Two words.)
 14 The opposite of peace.
 16 A red flower sold on Memorial Day.
 17 One who has served in the military.

DOWN

- 1 A place filled with many graves.
 3 The opposite of forget.
 4 America's has 13 stripes and 50 stars.
 6 A person who defends his or her country.
 7 A meal eaten outside.
 8 Memorial Day began after the _____ War.
 9 Position of the flag when it is flown midway

up the pole. (Includes hyphen.)

- 11 Memorial Day is celebrated on this day of the week.
 12 People march in them.
 15 To show respect for.



Happy Birthday to our Wonderful Residents...



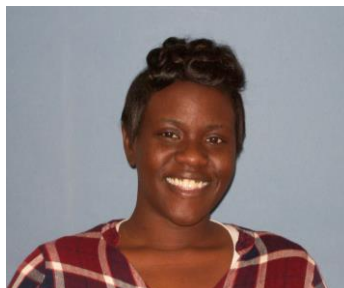
**Following are the residents who celebrate a
birthday in May!**

Dave Mantey May 2, 1931

Welcome to the Cottages:

Resident:
Larry Daniel in Rose Cottage

Staff:
Raeisha Scribbling-Elmore – Resident Assistant



Featured Resident

Mary Ruby Brown was born on July 10th to parents Benjamin and Ella Green. Mary was born in Opelousas, Louisiana and eventually moved to Raywood Texas when she was a few years old. Mary was the youngest of 13 children, 8 brothers, and 4 sisters. Her brothers are Cal, Hal (twins), Bernis, Ollie, Colton, Carl, Leo, Lloyd, and sisters are, Roseland, Nelda, Leverta, and Lola.

In Raywood, Texas, Mary and her family lived on a farm. While her brothers helped out by working on the farm, Mary and her sisters helped their mother in the house. When Mary wasn't helping her mother, she enjoyed playing basketball with her brothers. When Mary started grade school, she attended Raywood, and went to high school in Beaumont Texas.



Mary met her husband Leo Brown when she was 18 years old. The two of them moved to a city in Texas just outside of Beaumont. Leo and Mary enjoyed attending their Catholic church, and traveling with them on mission trips.

Eventually Mary and her family moved to Detroit, Michigan. Mary's siblings had children, and she enjoyed all of her nieces and nephews. Some of the things that Mary enjoyed doing when she was younger included gardening, especially her rose bushes. Mary enjoyed going to dances, her favorite was the Zydeco dance. The Zydeco is a music genre that came from southwest Louisiana. The music is a fast tempo and dominated by the piano accordion and a form of washboard.

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Numbers

(734) 728-5222

Village Staff

Michele White

Executive Director

Jason Lovelly

Human Resources

Josh Kephart

Maintenance Supervisor

Melissa Nestorovski

Marketing Manager

Jan Smith

Nurse Manager

Shana Brown

Wellness Manager

Deborah Antale

Dietary Services Director

Shari Thompson

Billing

Kara Otto

Social Worker

Lisa Scott

Housekeeping

EMERGENCY NUMBER

(734) 728-5222



**Presbyterian
Villages**

OF MICHIGAN

THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit **www.pvm.org**



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A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

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